

## Young's Inequality

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### Question 1

Let  $f$  be a real-valued function which is continuously differentiable and strictly increasing on the interval  $I = [0, \infty)$ . Suppose  $f(0) = 0$ . Let  $a \in I$  and  $b \in f(I)$ .

- (a) For any  $a \in I$ , define  $g(t) = bt - \int_0^t f(x)dx$ .

Prove that  $g$  attains its maximum value at  $f^{-1}(b)$ .

- (b) (i) Prove that  $\int_0^{f^{-1}(b)} xf'(x)dx = g(f^{-1}(b))$ .

(ii) By changing a variable, prove that  $\int_0^{f^{-1}(b)} xf'(x)dx = \int_0^b f^{-1}(x)dx$ .

- (c) Use (a) and (b) to show that  $\int_0^a f(x)dx + \int_0^b f^{-1}(x)dx \geq ab$ . Draw a diagram to show the geometric meaning of this inequality if the integrals are interpreted as areas.

- (d) Use (c) to show the Young's inequality:  $\frac{a^p}{p} + \frac{b^q}{q} \geq ab$ , where  $p > 2$  and  $\frac{1}{p} + \frac{1}{q} = 1$

### Solution

- (a) Since  $f$  is strictly increasing,  $f'(t) > 0$ .

$$g(t) = bt - \int_0^t f(x)dx$$

$$\Rightarrow g'(t) = b - \frac{d}{dt} \int_0^t f(x)dx = b - f(x) , \text{ by the Fundamental Theorem of Integral Calculus.}$$

$$\therefore g'(t) = 0 \text{ iff } t = f^{-1}(b).$$

Since  $g''(t) = -f'(t) < 0$ , since  $f'(t) > 0$ .

$\therefore g$  attains its maximum value at  $f^{-1}(b)$ .

- (b) (i) Using integration by parts,  $\int_0^{f^{-1}(b)} xf'(x)dx = xf(x) \Big|_0^{f^{-1}(b)} - \int_0^{f^{-1}(b)} f(x)dx$

$$= bf^{-1}(b) - \int_0^{f^{-1}(b)} f(x)dx = \left[ bt - \int_0^t f(x)dx \right]_{t=f^{-1}(b)} = g(t) \Big|_{t=f^{-1}(b)} = g(f^{-1}(b))$$

- (ii) Put  $y = f(x)$ , or  $x = f^{-1}(y)$ . Then  $f'(x) dx = dy$

When  $x = f^{-1}(b)$ ,  $y = b$ . When  $x = 0$ ,  $y = 0$  (since  $f(0) = 0$ )

$$\therefore \int_0^{f^{-1}(b)} xf'(x)dx = \int_0^b f^{-1}(y)dy = \int_0^b f^{-1}(x)dx , \text{ since } y \text{ is a dummy variable.}$$

- (c) From (a),  $g(f^{-1}(b)) \geq g(t)$ , where  $t \in I$ . In particular,  $g(f^{-1}(b)) \geq g(a)$  .... (1)

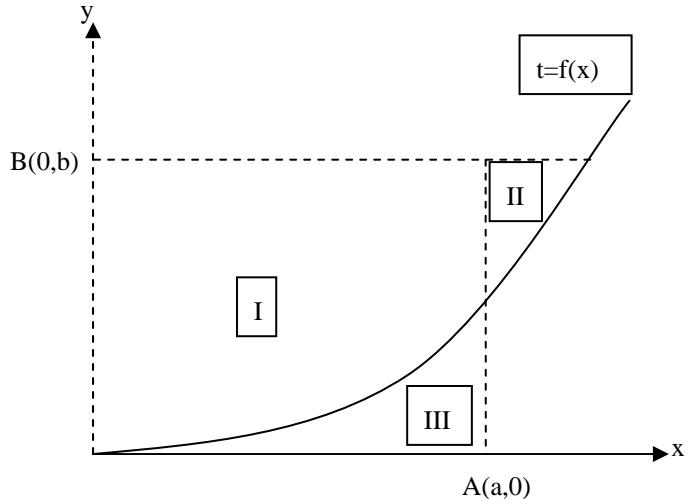
From the definition of  $g(t)$ ,  $g(a) = b \times a - \int_0^a f(x)dx$  .... (2)

From (b) (i) and (ii),  $\int_0^b f^{-1}(x)dx = g(f^{-1}(b))$  .... (3)

$$\therefore \int_0^a f(x)dx + \int_0^b f^{-1}(x)dx = [ab - g(a)] + g(f^{-1}(b)), \text{ by (2) and (3)}$$

$$\geq ab, \text{ by (1).}$$

$$\begin{aligned} \int_0^a f(x)dx &= \text{Area III} \\ \int_0^b f^{-1}(x)dx &= \text{Area I} + \text{Area II}. \\ \int_0^a f(x)dx + \int_0^b f^{-1}(x)dx &= \text{Area I} + \text{Area II} + \text{Area III} \\ &\geq \text{Area I} + \text{Area III} \\ &= ab \end{aligned}$$



(d) From (c),  $\int_0^a f(x)dx + \int_0^b f^{-1}(x)dx \geq ab$ .

Put  $y = f(x) = x^{p-1}$ ,  $p > 2$  in the above inequality.

Since  $y' = (p-1)x^{p-2} > 0$  for  $x \in \mathbf{I}$ , we have

$$\begin{aligned} \int_0^a f(x)dx + \int_0^b f^{-1}(x)dx &= \int_0^a x^{p-1}dx + \int_0^b x^{\frac{1}{p-1}}dx = \int_0^a x^{p-1}dx + \int_0^b x^{q-1}dx, \text{ since } \frac{1}{p} + \frac{1}{q} = 1 \\ &= \frac{x^p}{p} \Big|_0^a + \frac{x^q}{q} \Big|_0^b = \frac{a^p}{p} + \frac{b^q}{q} \\ \therefore \frac{a^p}{p} + \frac{b^q}{q} &\geq ab, \text{ by (c).} \end{aligned}$$

## Question 2 [ Young's inequality $\Rightarrow$ Generalized A.M. $\geq$ G.M. ]

(a) Given that  $\lambda\alpha + (1-\lambda)\beta \geq \alpha^\lambda\beta^{1-\lambda}$ , for  $0 < \lambda < 1$ ,  $\alpha, \beta \geq 0$ .

Prove that if  $\frac{1}{p} + \frac{1}{q} = 1$ , then  $\frac{a^p}{p} + \frac{b^q}{q} \geq ab$ . (Young's inequality)

(b) If  $p, q, x, y > 0$  such that  $p + q = 1$ , prove that  $px + qy \geq x^p y^q$ .

(c) If  $\alpha_1, \alpha_2, \dots, \alpha_{m+1}; x_1, x_2, \dots, x_{m+1} > 0$ , such that  $\alpha_1 + \alpha_2 + \dots + \alpha_{m+1} = 1$ , by letting  $p = \alpha_1 + \alpha_2 + \dots + \alpha_m$  and  $x = x_1 + x_2 + \dots + x_m$ , or otherwise, prove that:

$$\alpha_1 x_1 + \alpha_2 x_2 + \dots + \alpha_{m+1} x_{m+1} \geq \left( \frac{\alpha_1 x_1 + \alpha_2 x_2 + \dots + \alpha_m x_m}{\alpha_1 + \alpha_2 + \dots + \alpha_m} \right)^p x_{m+1}^{\alpha_{m+1}}.$$

(d) Prove by induction : If  $\alpha_1, \alpha_2, \dots, \alpha_m$ ;  $x_1, x_2, \dots, x_m > 0$ , such that  $\alpha_1 + \alpha_2 + \dots + \alpha_m = 1$  ,

$$\text{then } \alpha_1 x_1 + \alpha_2 x_2 + \dots + \alpha_m x_m \geq x_1^{\alpha_1} x_2^{\alpha_2} \dots x_m^{\alpha_m} .$$

(e) If  $p_1, p_2, \dots, p_m$ ;  $x_1, x_2, \dots, x_m > 0$  , prove that

$$\left( x_1^{p_1} x_2^{p_2} \dots x_m^{p_m} \right) \frac{1}{p_1 + p_2 + \dots + p_m} \leq \frac{\alpha_1 x_1 + \alpha_2 x_2 + \dots + \alpha_m x_m}{p_1 + p_2 + \dots + p_m}$$

### Solution

(a) Let  $\lambda = \frac{1}{p}$  , then  $1 - \lambda = \frac{1}{q}$  . Also let  $a = \alpha^p$ ,  $b = \beta^q$  .  $\therefore \frac{a^p}{p} + \frac{b^q}{q} \geq ab$

(b) Let  $a = x^{1/p}$ ,  $b = y^{1/q}$   $\therefore \frac{x}{p} + \frac{y}{q} \geq x^{1/p} + y^{1/q}$  .

Further replace  $\frac{1}{p}$  by  $p$  and  $\frac{1}{q}$  by  $q$  .  $\therefore p + q = 1$  and  $px + qy \geq x^p y^q$ .

$$(c) \alpha_1 x_1 + \alpha_2 x_2 + \dots + \alpha_{m+1} x_{m+1} = x + \alpha_{m+1} x_{m+1} = p \left( \frac{x}{p} \right) + \alpha_{m+1} x_{m+1}$$

$$\geq \left( \frac{x}{p} \right)^p x_{m+1}^{\alpha_{m+1}} , \text{ by (b), since } p + \alpha_{m+1} = 1$$

$$= \left( \frac{\alpha_1 x_1 + \alpha_2 x_2 + \dots + \alpha_m x_m}{\alpha_1 + \alpha_2 + \dots + \alpha_m} \right)^p x_{m+1}^{\alpha_{m+1}}$$

(d) The assertion is trivial for  $m = 1$  .

Assume the assertion is true for some integer  $m \geq 1$ .

$$\alpha_1 x_1 + \alpha_2 x_2 + \dots + \alpha_{m+1} x_{m+1} \geq \left( \frac{\alpha_1}{p} x_1 + \frac{\alpha_2}{p} x_2 + \dots + \frac{\alpha_m}{p} x_m \right)^p x_{m+1}^{\alpha_{m+1}} , \text{ by (c), since } \frac{\alpha_1}{p} + \dots + \frac{\alpha_m}{p} = 1$$

$$\geq \left( x_1^{\alpha_1/p} x_2^{\alpha_2/p} \dots x_m^{\alpha_m/p} \right)^p x_{m+1}^{\alpha_{m+1}} , \text{ by inductive hypothesis.}$$

$$= x_1^{\alpha_1} x_2^{\alpha_2} \dots x_m^{\alpha_m} x_{m+1}^{\alpha_{m+1}}$$

$\therefore$  The assertion is also true for the integer  $m + 1$  . Result follows by induction.

(e) Replace  $\alpha_i = \frac{p_i}{p_1 + p_2 + \dots + p_m}$  where  $i = 1, 2, \dots, m$  in (d) . Then

$$\alpha_1 + \alpha_2 + \dots + \alpha_m = 1 \quad \text{and} \quad \left( x_1^{p_1} x_2^{p_2} \dots x_m^{p_m} \right) \frac{1}{p_1 + p_2 + \dots + p_m} \leq \frac{\alpha_1 x_1 + \alpha_2 x_2 + \dots + \alpha_m x_m}{p_1 + p_2 + \dots + p_m}$$